

the **Nag's Head** *Sunday Lunch*

Small Plate Nibbles

Marinated Mixed Olives (DF,GF,V) - £2

Chipotle Hummus - sourdough focaccia (DF,GFO,V) - £3

Smoked Bacon Mac & Cheese Bites - chilli cheese dip - £4

Starters

Soup Of The Day – with sourdough focaccia - please ask our team for today's choice (GFO,VG) £7

Pulled Welsh Beef Nachos - mozzarella, BBQ sauce, guacamole, sour cream, coriander (DFO,GF,VGO) £8

Baked Golden Cenorath Cheese - sourdough focaccia, plum chutney, confit garlic, rosemary (GFO,V) £9

Crispy Salt & Pepper Calamari Fritti - Thai mayonnaise dip (DF,GFO) £8

Thai Fish Bonbons - coconut coriander purée, pickled slaw - £7

Mains

Welsh Roast Beef or Roast Chicken Supreme - roasted and mashed potatoes, maple parsnips, red cabbage, stuffing, Yorkshire pudding, gravy and a side of seasonal vegetables (GFO) £18

Parsnip and Wild Mushroom Nut Roast - roasted and mashed potatoes, maple parsnips, red cabbage, stuffing, Yorkshire pudding, gravy and a side of seasonal vegetables (V,VGO) £17

Cod Loin in Prosciutto - spinach & parmesan potato cake, lobster chowder and basil pesto - £17

Side Dishes

Cauliflower Cheese (GF,V) £2

Extra Portion Of Vegetables (V,VG) £2

Extra Yorkshire Pudding (V) £1

Chips (GF,VG) £3

Garlic Bread (V) £3

Cheesy Garlic Bread (V) £4

**(V = Vegetarian, VG = Vegan, VGO = Vegan On Request, DF = Dairy Free,
DFO = Dairy Free On Request, GF = Gluten Free, GFO = Gluten Free On Request)**

[If you have a food allergy or intolerance please ask a member of staff for the food allergens menu](#)

Adult Desserts

Spiced Plum & Apple Crumble - with crème anglaise or vanilla ice cream (DFO,V,VGO) - £7

White Chocolate & Raspberry Cheesecake - raspberry gel (V) - £7

Merlyn Welsh Cream Liqueur Crème Brûlée (GF,V) - £7

Hot Chocolate Pudding - with bueno ice cream (V) - £7

Caws Cenarth Cheese Selection - sea salt crackers, chutney (V) - £8 (add a glass of Port) - £10

Children's Menu

Mains

Mini Roast - children's sized roast lunch - Welsh Beef or Chicken (GFO) - £10

Chicken Goujons – with chips & peas or beans (DF) - £8

Pork Sausages – with chips & peas or beans (DF) - £8

Veggie Sausages – with chips & peas or beans (GF,VG) - £8

Mini Welsh Beef Cheeseburger – with chips & peas or beans (DFO) - £8

Cheesy Pasta Bake — with garlic bread (DFO,GFO,V,VGO) - £8

Desserts

Chocolate Brownie - with vanilla ice cream (V,VGO) - £5

American Waffle - toffee sauce, Biscoff crumbs, vanilla ice cream (DFO,V) - £5

Two Scoops of Ice Cream - vanilla, chocolate, strawberry, bueno or mint (GF,VGO) - £5

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