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***Nag's Head***  

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**Small Plate Nibbles**

**Marinated Mixed Olives (DF,GF,V) - £2**

**Chipotle Hummus - sourdough focaccia (DF,GFO,V) - £3**

**Smoked Bacon Mac & Cheese Bites - chilli cheese dip - £4**

**Battered Cod Bites - laverbread tartar sauce (DF,GFO) - £4**

**Starters**

**Baked Golden Cenarth Cheese - sourdough focaccia, plum chutney, confit garlic, rosemary (GFO,V) - £9**

**Pulled Welsh Beef Nachos - mozzarella, BBQ sauce, guacamole, sour cream, coriander (DFO,GF) - £8**

**Crispy Salt & Pepper Calamari Fritti - Thai mayonnaise dip (DF,GFO) - £8**

**Thai Fish Bonbons - coconut coriander purée, pickled slaw - £7**

**Mains**

**Char-Grilled Welsh Sirloin Steak (8oz) - cherry tomatoes, field mushroom, chips (DF,GF) - £28**  
*Choose from Peppercorn Sauce or Perl Las (blue cheese) (GF)*

**Welsh Beef Steak Burger - with pulled BBQ pork, Monterey Jack cheese, lettuce, ranch mayonnaise, crispy onions, sourdough bun, chips, chipotle slaw (DFO) - £16**

**Welsh Lamb Rump - dauphinoise potatoes, red cabbage, parsnip puree, mushroom ketchup, redcurrant jus (GFO) - £23**

**Chicken Supreme - chorizo, sweet potato and bean cassoulet, basil pesto (DFO,GF) - £16**

**Homemade Game Pie - creamy potato purée, wilted greens, red wine gravy - £15**

**Beer Battered Haddock Fillet - chips, minted mushy peas, laverbread tartar sauce (DF,GFO) - £16**

**Cod Loin in Prosciutto - spinach & parmesan potato cake, lobster chowder and basil pesto - £17**

**Red Thai Chicken Curry - Jasmine rice, naan bread (DF,GFO) £16 (or with squash for Vegetarians) (V) - £15**

**Chicken Pancetta Mushroom & Spinach Penne Pasta - garlic cream sauce, parmesan and basil pesto (GFO) - £15**

**Beetroot Gnocchi - chestnut mushrooms, spinach, roasted squash, white wine & garlic cream sauce, vegetable crisps (V) - £14**

## Side Dishes

**Chips - (DF,GF,V) £3 or with parmesan, confit garlic, rosemary (GF,V) - £4**

**Beer Battered Onion Rings (DF,V) - £4**

**Garlic Bread (V) - £3**

**Cheesy Garlic Bread (V) - £4**

**Dauphinoise Potatoes (V) - £4**

**Chipotle Slaw (DF,GF,V) - £3**

## Desserts

**Spiced Plum & Apple Crumble - with crème anglaise or vanilla ice cream (DFO,V) - £7**

**White Chocolate & Raspberry Cheesecake - raspberry gel (V) - £7**

**Merlyn Welsh Cream Liqueur Crème Brûlée (GF,V) - £7**

**Hot Chocolate Pudding - with bueno ice cream (V) - £7**

**Caws Cenarth Cheese Selection - sea salt crackers, chutney (V) - £8 (add a glass of Port) - £10**

## Children's Menu

### Mains - all @ £8

**Chicken Goujons – with chips & peas or beans (DF)**

**Pork Sausages – with chips & peas or beans (DF)**

**Veggie Sausages – with chips & peas or beans (GF,VG)**

**Mini Welsh Beef Cheeseburger – with chips & peas or beans (DFO)**

**Mini Battered Fish – with chips & peas or beans (DF,GFO)**

**Cheesy Pasta Bake – with garlic bread (DFO,GFO,V,VGO)**

### Desserts - all @ £5

**Chocolate Brownie - with vanilla ice cream (V,VGO)**

**American Waffle - toffee sauce, Biscoff crumbs, vanilla ice cream (DFO,V)**

**Two Scoops of Ice Cream - vanilla, chocolate, strawberry, bueno or mint (GF,VGO)**

**(V = Vegetarian, VG = Vegan (separate menu), VGO = Vegan On Request, DF = Dairy Free, DFO = Dairy Free On Request, GF = Gluten Free, GFO = Gluten Free On Request)**

**[If you have a food allergy or intolerance please ask a member of staff for the food allergens menu](#)**

**[Separate Vegan Menu Available](#)**