

the **Nag's Head** *Sunday Lunch*

Starters

Soup Of The Day – with sourdough focaccia - please ask our team for today's choice (GFO,VG) £7

Pulled Welsh Beef Nachos - mozzarella, BBQ sauce, guacamole, sour cream, coriander (DFO,GF,VGO) £8

Crispy Salt & Pepper Calamari Fritti - Thai mayonnaise dip (DF,GFO) £8

Baked Golden Cenarth Cheese - sourdough focaccia, plum chutney, confit garlic, rosemary (GFO,V) £8

Mains

Welsh Roast Beef or Roast Chicken Supreme - roasted and mashed potatoes, maple parsnips, red cabbage, stuffing, Yorkshire pudding, gravy and a side of seasonal vegetables (GFO) £17

Parsnip and Wild Mushroom Nut Roast - roasted and mashed potatoes, maple parsnips, red cabbage, stuffing, Yorkshire pudding, gravy and a side of seasonal vegetables (V,VGO) £17

Cod Loin - sweet potato & leek croquette, curried coconut chowder £16

Side Dishes

Cauliflower Cheese (GF,V) £2

Extra Portion Of Vegetables (V,VG) £2

Extra Yorkshire Pudding (V) £1

Chips (GF,VG) £3

Garlic Bread (V) £3

Cheesy Garlic Bread (V) £4

(V = Vegetarian, VG = Vegan, VGO = Vegan On Request, DF = Dairy Free,
DFO = Dairy Free On Request, GF = Gluten Free, GFO = Gluten Free On Request)

If you have a food allergy or intolerance please ask a member of staff for the food allergens menu

Adult Desserts

Crumble Of The Day - crème anglaise or ice cream – please ask our team for today's choice (DFOV,VGO) £7

Spiced Apple & Ginger Toffee Pudding - apple compote, caramel, vanilla ice cream (DFO,V) £7

Honeycomb Cheesecake - caramel, honeycomb (V) £7

Blackberry Chai Crème Brûlée (GF,V) £6

Caws Cenarth Cheese Selection - sea salt crackers, chutney £8 (add a glass of Port) £10

Children's Menu

Mains

Mini Roast - children's sized roast lunch - Welsh Beef or Chicken (GFO) £9

Chicken Goujons – with chips & peas or beans (DF) £7

Pork Sausages – with chips & peas or beans (DF) £7

Veggie Sausages – with chips & peas or beans (DF,VG) £7

Mini Welsh Beef Cheeseburger – with chips & peas or beans (DFO) £7

Cheesy Pasta Bake — with garlic bread (DFO,GFO,V,VGO) £7

Desserts

Mini Crumble - vanilla ice cream (DFO,VGO) £5

American Waffles - toffee sauce, Biscoff crumbs, vanilla ice cream (DFO,V) £5

Two Scoops of Ice Cream - vanilla, chocolate, strawberry or mint (GF,VGO) £5

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