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***nag's Head***  

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**Nibbles**

**Marinated Mixed Olives (DF,GF,V) £2**

**Chipotle Hummus - sourdough focaccia (DF,GFO,V) £3**

**Chorizo, Roquito Chillies, Perl Las - (GF) £4**

**Battered Cod Bites - laverbread tartar sauce (DF,GFO) £4**

**Starters**

**Pulled Welsh Beef Nachos - mozzarella, BBQ sauce, guacamole, sour cream, coriander (DFO,GF) £8**

**Crispy Salt & Pepper Calamari Fritti - Thai mayonnaise dip (DF,GFO) £8**

**Baked Golden Cenarth Cheese - sourdough focaccia, plum chutney, confit garlic, rosemary (GFO,V) £8**

**Sautéed King Prawn Bruschetta - tomato, chilli, garlic, coriander, balsamic glaze (DF) £8**

**Smoked Duck Breast - pear & ginger chutney, roasted fig, pomegranate (DF,GF) £7**

**Mains**

**Char-Grilled Welsh Sirloin Steak (8oz) - cherry tomatoes, field mushroom, chips (DF,GF) £28**  
*Choose from Peppercorn Sauce, Perl Las (blue cheese) or Tomato & Red Pepper Sauce (GF)*

**Welsh Rump Steak Sizzler - chorizo, artichokes, olives, basil pesto, chips, tomato and red pepper sauce (DFO,GF) £20**

**Welsh Beef Steak Burger - with pulled BBQ pork, Monterey Jack cheese, lettuce, ranch mayonnaise, crispy onions, sourdough bun, chips, chipotle slaw (DFO) £16**

**Welsh Lamb Rump - dauphinoise potatoes, red cabbage, parsnip puree, mushroom ketchup, blackberry jus (GFO) £22**

**Chicken Supreme - squash, pancetta & spinach risotto, tomato pesto, micro greens (DFO,GF) £16**

**Beer Battered Haddock Fillet – chips, minted mushy peas, laverbread tartar sauce (DF,GFO) £16**

**Cod Loin - sweet potato & leek croquette, curried coconut chowder £16**

**Thai Chicken Curry - Jasmine rice, naan bread (DF) £16 (or with squash for Vegetarians) (V) £15**

**Penne Pasta Carbonara – chicken breast, pancetta, fresh parmesan (GFO) £15**

**Mushroom, Squash & Spinach Risotto - fresh parmesan, vegetable crisps, micro herbs (DFO,GF,V) £14**

## Side Dishes

**Chips - (DF,GF,V) £3 or with parmesan, confit garlic, rosemary (GF,V) £4**

**Beer Battered Onion Rings (DF,V) £3**

**Garlic Bread (V) £3**

**Cheesy Garlic Bread (V) £4**

**Dauphinoise Potatoes (V) £4**

**Chipotle Slaw (DF,GF,V) £3**

## Desserts

**Spiced Apple & Ginger Toffee Pudding - apple compote, caramel, vanilla ice cream (DFO,V) £7**

**Bluestone Mocha & Hazelnut Mousse - Italian meringue, coffee macaroon, praline (V) £6**

**Chocolate Tart - orange cremo, orange gel, Jaffa Cake ice cream (V) £7**

**Honeycomb Cheesecake - caramel, honeycomb (V) £7**

**Blackberry Chai Crème Brûlée (GF,V) £6**

**Caws Cenarth Cheese Selection - sea salt crackers, chutney £8 (add a glass of Port) £10**

## Children's Menu

### Mains - all @ £7

**Chicken Goujons – with chips & peas or beans (DF)**

**Pork Sausages – with chips & peas or beans (DF)**

**Veggie Sausages – with chips & peas or beans (DF,VG)**

**Mini Welsh Beef Cheeseburger – with chips & peas or beans (DFO)**

**Mini Battered Fish – with chips & peas or beans (DF,GFO)**

**Cheesy Pasta Bake – with garlic bread (DFO,GFO,V,VGO)**

### Desserts - all @ £5

**Mini Crumble - vanilla ice cream (DFO,VGO)**

**American Waffles - toffee sauce, Biscoff crumbs, vanilla ice cream (DFO,V)**

**Two Scoops of Ice Cream - vanilla, chocolate, strawberry or mint (GF,VGO)**

**(V = Vegetarian, VG = Vegan (separate menu), VGO = Vegan On Request, DF = Dairy Free, DFO = Dairy Free On Request, GF = Gluten Free, GFO = Gluten Free On Request)**

**[If you have a food allergy or intolerance please ask a member of staff for the food allergens menu](#)**

**[Separate Vegan Menu Available](#)**