

*eat • drink • sleep*  

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*the*  
**Nag's Head**  

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*Lunch Menu*

**Paninis £9**

Tuna, sweetcorn, mozzarella and mayonnaise (f,e,g,m,so,su)

Chicken, chorizo, brie and chipotle jam (g,m,so,su)

Roasted Mediterranean vegetables with basil and smoked cheese (g,so,su) (VG)

*All the above are served with chips, dressed salad garnish and house slaw*

**Light Bites**

**Mezze** - sweet potato falafel, hummus, olives, pickles, tomato focaccia & dipping oil (g,s,so,su) (VG) (GFO) £7

**Pulled BBQ Beef Nachos** – with guacamole, salsa & crème fraiche, topped with mozzarella (m,so) (GF) £7

**Crispy Salt & Pepper Calamari Fritti** - with salad leaves & a chipotle mayonnaise dip (e,g,mo,so) (GFO). £7

**Nags Prawn Cocktail** - served in a Thai style mayonnaise with cherry tomatoes, avocado and cos lettuce (cr,e) (GF) £8

**Chorizo Crostini** - grilled chorizo in a rich tomato, olive & borlotti bean sauce on toasted sour dough (g,m,so) £7

**Greek Feta, Olive, Red Pepper & Watermelon Salad** – served with a herb dressing (m,so) (V) (GF) £6

**Mains**

**Classic Wholetail Scampi** – served in a basket with chips, lemon and homemade tartar sauce (cr,e,g,so,su) £14

**Beer Battered Cod & Chips** - with mushy peas and homemade tartar sauce (e,f,g,so,su) (GFO) £15

**Pan Roasted Salmon Salad** - with roasted Mediterranean vegetables, new potatoes, quinoa, cos lettuce and a basil pesto dressing (f,so,su) (GF) £16

**8oz Welsh Sirloin Steak** - with beef tomato, field mushroom, salad garnish and chips (so) (GF) £24  
*(Add Peppercorn Sauce, Per Las (blue cheese) Sauce or Garlic Butter) (m,so,su) (GF) £2*

**8oz Gourmet Welsh Beef Steak Burger** - served in a toasted bun with smoked bacon, Welsh cheddar, tomato, baby gem lettuce, smoky red pepper relish and chips (e,g,m,mu,so,su) £15

**Southern Fried Chicken Breast Burger** - served in a toasted bun with smoked bacon, Welsh cheddar, tomato, guacamole, baby gem lettuce and chips (e,g,m,so,su) £16

**Mexican Bean Burger** - served in a toasted bun with melted smoked cheese, tomato, guacamole, baby gem lettuce and chips (g,so) (VG) £14

**Vegetarian Tart** - wild mushroom, spinach, artichoke and wild garlic pastry tart, served with chips and a dressed salad (g,so,su) (VG) £13

**Chicken Tagliatelle** - with a creamy smoked bacon, white wine & wild mushroom sauce (m,g,so,su) (GFO) £14

**Penne Caponata** - served with a tomato, olive, aubergine and caper sauce (su) (GF) (VG) £13

## Side Dishes £3.50

**Garlic Bread** (g,m)  
**Cheesy Garlic Bread** (g,m)  
**Chips** (so) (GF) (VG)  
**Onion Rings** (g,so,su) (V)  
**Side Salad** (so,su) (VG) (GF)

## Desserts

**Hot Chocolate Pudding** – with salted caramel ice cream (e,m) (V) (GF) £7

**Chocolate Brownie Sundae** – chocolate brownie pieces, cookie dough ice cream with chocolate & raspberry sauces and Chantilly cream (e,g,m,so) £7

**Prosecco, Raspberry & Elderflower Posset** - with crushed meringue and blueberry compote (su) (VG) (GF) £7

**Deep Filled Lemon Cheesecake** – topped with a strawberry and passion fruit compote (g,m) £7

**Key Lime & Stem Ginger Tart** - served with raspberry ripple ice cream and fresh berries (e,g,m) £7

**Nags Cheese Board** - selection of three local “award winning” Welsh cheeses served with quince, grapes, chutney and crackers (g,m,su) (V) (GFO) £10 - please ask our team for our current selection

## Children's Menu

### Mains

**Breaded Chicken Fillet Goujons** - (e,g,so) or baked (so) (GF) with chips and beans (so) £7

**Pork Sausages** - (g,so) or veggie sausages (c,e,g,m,so) with chips and beans £7

**Mini Fish & Chips** - battered fish with chips and mushy peas or beans (f,g,so) £7

**Kids Scampi** - served with chips and peas (cr,g,so) £7

**Mini Welsh Cheese Burger** - steak beef burger with Welsh cheddar and chips (e,g,m,mu,so) £7

**Penne Pasta** - creamy tomato sauce, with grated cheese and garlic bread (g,m) (V) (GFO) £6

### Desserts

**Mini Chocolate Brownie Sundae** – chocolate brownie pieces, cookie dough ice cream with chocolate & raspberry sauces and Chantilly cream (e,g,m,so) £5

**American Style Pancakes** - with vanilla ice cream, fresh strawberries and chocolate sauce (e,g,m) £5

**Scoops of Ice-cream** - (e,g,m,n,so) £2.50 each - please ask our team for our current selection

**(V = Vegetarian, VG = Vegan, GF = Gluten Free, GFO = Gluten Free On Request)**

**Please speak to a member of staff if you have a food allergy or intolerance**

**(c = celery, cr = crustaceans, e = eggs, f = fish, g = cereals containing gluten, l = lupin, m = milk, mo = molluscs, mu = mustard, n = nuts, p = peanuts, s = sesame seeds, so = soya, su = sulphur dioxide)**