

the **Nag's Head** *Sunday Lunch*

Starters

Soup or Terrine of the day - please ask our team for today's choices and allergen details **£6**

Mezze - sweet potato falafel, hummus, olives, pickles, tomato focaccia & dipping oil (g,s,so,su) (VG) **£7**

Pork & Chorizo BonBons - with sun dried tomato coulis, rocket leaves & black garlic ketchup (e,g,m) **£7**

Crispy Salt & Pepper Calamari Fritti - with salad leaves & a chipotle mayonnaise dip (e,g,mo,so) **£7**

Smoked Chicken, Mango, Chilli & Coriander Tian - with avocado purée and crostini's (e,g,so) **£6**

Mains

Welsh Roast Beef or Roast Turkey or "half & half" - with roast potatoes, mash potato, parsnips, red cabbage, stuffing, Yorkshire pudding and gravy, served with blanched seasonal vegetables (so,g,e,m) **£15**

Parsnip and Wild Mushroom Nut Roast - with roast potatoes, mash potato, parsnips, red cabbage, stuffing and gravy, served with blanched seasonal vegetables (g,n,so,p) (VG) **£15**

Pan Fried Sea Bass Fillets - sautéed potatoes, chard baby gem lettuce, topped with a red pepper sauce (f,so) (GF) **£17**

Side Dishes £3

Garlic Bread (g,m)

Cheesy Garlic Bread (g,m)

Chips (so) (GF) (VG)

Sweet Potato Fries (so) (GF) (VG)

Onion Rings (g,so,su) (V)

Side Salad (so,su) (VG) (GF)

Desserts

- Crumble of the day** - with custard or ice cream - ask our team for today's choice and allergen details **£6**
- Cookie Dough Sundae** - cookie dough and ice cream with chocolate & strawberry sauce (e,m) (V) (GF) **£6**
- Prosecco & Raspberry Posset** - with crushed meringue and blueberry compote (su) (VG) (GF) **£6**
- Potted Banoffee Cheesecake** - (m,g) (V) **£6**
- White Chocolate & Raspberry Blondie** - served with pistachio ice cream (e,g,m,n) (V) **£7**

Children's Menu

Mains

- Mini Roast** - children's sized roast lunch – beef or turkey or “half & half”! (so,g,e,m) **£7**
- Breaded Chicken Fillet Goujons** - (g,e,so) or baked (so) (GF) with chips and beans (so) **£6**
- Pork Sausages** - (g,so) or veggie sausages (c,g,e,m,so) with chips and beans **£6**
- Kids Scampi** - served with chips and peas (cr,g,so) **£6**
- Mini Cheese Burger** - steak beef burger with Welsh cheddar and chips (g,e,m,mu,so) **£6**
- Penne Pasta** - creamy tomato sauce, grated cheese and garlic bread (g,e,m) (V) **£5**

Desserts

- Mini Cookie Dough Sundae** - children's sized cookie dough and ice cream served with chocolate and strawberry sauce (e,m) (V) (GF) **£4**
- American Style Pancakes** - with vanilla ice cream, fresh strawberries and chocolate sauce (e,g,m) **£4**
- Scoops of Ice-cream** - (e,g,m,n,so) **£2 each** - please ask our team for our current selection

Some of our dishes can be substituted for gluten free (ask for GF menu) or vegan options upon request

(V = Vegetarian, VG = Vegan, GF = Gluten Free)

Please speak to a member of staff if you have a food allergy or intolerance

(c = celery, cr = crustaceans, e = eggs, f = fish, g = cereals containing gluten, l = lupin, m = milk, mo = molluscs, mu = mustard, n = nuts, p = peanuts, s = sesame seeds, so = soya, su = sulphur dioxide)