

the **Nag's Head** *sunday lunch*

Starters

Golden Cenarth Cheese – baked cheese with garlic & rosemary served with mixed olives, Welsh chutney, beetroot hummus, cured meats and crescentine bread - for two to share (g,e,m,su,so) (V if no meats) £12

Ox Cheek BonBons - with damson puree, pickled wild mushrooms and lambs lettuce (g,e,su,so) £7

Crispy Salt & Pepper Calamari Fritti – served with a chipotle mayonnaise dip (g,e,mo,so) £7

Venison, Pistachio & Juniper Terrine - with cranberry & orange chutney & sea salt crostini (g,e,su,so,n) £7

Escabeche of Sea Bass – with pickled veg, lemon and ginger puree and watercress (f,so,su) £6

Sweet Potato Falafel - roasted cauliflower, beetroot jel, black garlic and pea shoots (so,su) (VG) £6

Mains

Welsh Roast Beef or Roast Pork - with roast potatoes, mash potato, parsnips, red cabbage, stuffing, Yorkshire pudding and gravy, served with blanched seasonal vegetables (so,g,e,m) £15

Parsnip and Wild Mushroom Nut Roast - with roast potatoes, mash potato, parsnips, red cabbage, stuffing and gravy, served with blanched seasonal vegetables (g,n,so,p) (VG) £15

Fillet of Prosciutto wrapped Hake - served with crushed garlic potatoes, tender stem broccoli and a saffron & cockle chowder (f,m,su,mo,so) £17

Beer Battered Cod & Chips - served with mushy peas, homemade tartar sauce and fresh lemon (g,e,f,so,su) £14

8oz Gourmet Beef Steak Burger - served in a toasted bun with smoked bacon, Welsh cheddar, tomato salsa, and salad leaves, with a choice of sweet potato fries or chips (m,e,mu,so,su,g) £15

Vegan Beetroot & Red Pepper Bean Burger - served in a toasted bun with smoked vegan cheese, tomato salsa, fresh tomato, baby gem lettuce with a choice of sweet potato fries or chips (g,so,su) (V) (VG) £14

Side Dishes £3

Garlic Bread (g,m)
Cheesy Garlic Bread (g,m)
Chips (so) (GF) (V) (VG)
Sweet Potato Fries (so) (GF) (V) (VG)
Onion Rings (g,so,su) (V)
Side Salad (so,su) (GF) (V) (VG)
Dauphinoise Potatoes (m) (GF) (V)
Seasonal Vegetables (GF) (V) (VG)

Desserts

Spiced Apple & Blackberry Crumble - served with vanilla ice cream (can be vegan on request) (g,m,e) **£6**
Chocolate Delice - mandarin puree, hazelnut praline and Chantilly cream (m,e,n) (GF) **£7**
Lemon Meringue Tart – served with raspberry sorbet, pistachio crumb and raspberry jel (g,m,e,n) **£7**
Sticky Ginger & Welsh Penderyn Whisky Pudding – served with salted caramel sauce and malteser ice cream (g,m,e,so) **£7**
Cookie Dough Sundae - cookie dough and ice cream with chocolate & strawberry sauce (g,e,m) (V) **£6**
Nags Cheese Board - selection of three local “award winning” Welsh cheeses served with quince, grapes, chutney and crackers (g,m,su) **£10** - please ask our team for our current selection

Children’s Menu

Mains

Mini Roast - children’s sized roast dinner – beef or pork or “half & half”! (so,g,e,m) **£7**
Breaded Chicken Fillet Goujons - (g,e,so) or baked (so) (GF) with chips and beans (so) **£6**
Pork Sausages - (g,so) or veggie sausages (c,g,e,m,so) with chips and beans **£6**
Mini Fish & Chips - battered fish with chips and mushy peas or beans (g,f,so) **£6**
Mini Cheese Burger - steak beef burger with Welsh cheddar and chips (g,e,m,mu,so) **£6**
Tagliatelle Pasta - creamy tomato sauce, grated cheese and garlic bread (g,e,m) (V) **£5**

Desserts

Cookie Dough Sundae - children’s sized cookie dough and ice cream served with chocolate and strawberry sauce (g,e,m) (V) **£4**
Mini Apple and Blackberry Crumble - served with vanilla ice cream (g,m,e) **£4**
Mini Chocolate Delice – served with ice cream (m,e,n) (GF) **£4**
Scoops of Ice-cream - (g,e,m,n,so) **£2 each** - please ask our team for our current selection

Some of our dishes can be substituted for gluten free (ask for GF menu) or vegan options upon request

(V = Vegetarian, VG = Vegan, GF = Gluten Free)

Please speak to a member of staff if you have a food allergy or intolerance

(c = celery, g = cereals, cr = crustaceans, e = eggs, f = fish, g = gluten, l = lupin, m = milk, mo = molluscs, mu = mustard, n = nuts, p = peanuts, s = sesame seeds, so = soya, su = sulphur dioxide)