

the **Nag's Head** *Sunday Lunch*

Starters

Soup - please ask for our soup of the day (v) *

Prawn Cocktail - served with a spicy "Bloody Mary" sauce, crispy lettuce and fresh bread *

Chicken Liver Parfait - with toasted sourdough bread, red onion chutney and salad *

Roasted Red Pepper Hummus - with pitta bread, vegetable batons and salad (vg) *

Mains

Pembrokeshire Beef – roast silverside thinly sliced (gf)

Pembrokeshire Turkey – roast breast thinly sliced (gf)

Pembrokeshire Lamb – roast shoulder medium sliced (gf)

Beetroot Nut Roast - a polenta, beetroot and mixed nut roast (cn, vg, gf)

The above are served on a bed of seasonal greens with roast potatoes, butter glazed carrots, cauliflower cheese, honey & thyme roasted parsnips, port & apple braised red cabbage, mashed swede, Yorkshire pudding, pork sage & onion stuffing and homemade gravy

Desserts

Milk Chocolate Pudding s/w honeycomb, chocolate shards and white chocolate ice cream (v)

Crème Brûlée - Merlin liqueur flavoured set custard with a caramelised sugar crisp top (v)

Cheesecake - please ask for our cheesecake of the day (v or gf)

Fruit Crumble - s/w crème anglaise – please ask for our crumble of the day (v)

Children's Menu

Mains

Children's Roast - half size portion of the adult's choices listed above

Chicken Goujons - baked (gf) or breaded chicken breast fillets

Sausages - pork or veggie (v)

Scampi – breaded and deep fried

All served with a choice of chips, or the adult vegetables listed above

Please speak to a member of staff if you have a food allergy or intolerance
(v = vegetarian, vg = vegan, gf = gluten free, df = dairy free, cn = contains nuts, * = gluten free option available)

Adults £15 one course, £19 two courses and £22 three courses

Children £7 one course, £10 two courses and £12 three courses