

the ***Nag's Head*** *Sunday Lunch*

Starters

Soup of the Day - with crusted bread (V) (c,g,m,so) £5

Cod, Lime, Coriander & Smoked Paprika Fishcake – with dressed leaves and tomato salsa (g,e,f,so) £7

Duck Liver, Brandy & Thyme Parfait - with sea salt crostini and apple chutney (g,e,m,so,su) £6

Pea, Asparagus & Wild Mushroom Arancini - with pea puree and black garlic(g,so) (VG) £6

Mezze - pitta bread, falafels, hummus and pickles with dipping olive oil (so,g,s,su) (VG) £6

Mains

Roast Beef or Roast Turkey Breast - with roast potatoes, mash potato, parsnips, red cabbage, stuffing, Yorkshire pudding and gravy, served with blanched seasonal vegetables (so,g,e,m) £15

Parsnip and Wild Mushroom Nut Roast - with roast potatoes, mash potato, parsnips, red cabbage, stuffing and gravy, served with blanched seasonal vegetables (g,n,so,p) (VG) £15

Pan Fried Salmon Fillet – served on a bed of pearl barley and vegetable risotto with salsa verde (c,f,so,su) (GF) £15

Chicken Tagliatelle - smoked bacon and wild mushrooms in a creamy garlic sauce (g,e,m,so,su)(GF) £13

8oz Gourmet Beef Steak Burger - with smoked bacon, Welsh cheddar, tomato salsa, and salad leaves in a toasted bun with sweet potato fries or chips (g,e,mu,so,su) £14

Beer Battered Fish & Chips - with crushed peas and tartar sauce (g,e,f,so,su) £14

Traditional Beef Lasagne – served with chips or garlic bread and salad (c,g,m,mu,so,su) £13

Side Dishes £3

Garlic Bread (g,m) or **Cheesy Garlic Bread** (g,m)

Chips (so) (GF) or **Melted Cheesy Chips** (so,m) (GF)

Sweet Potato Fries (so) (GF)

Onion Rings (g,so,su)

Side Salad (so,su) (GF)

Buttered New Potatoes (m) (GF)

Buttered Seasonal Vegetables (m) (GF)

Desserts

Rhubarb and Blackberry Crumble – served with custard or ice cream (g,m) £6

Eton Mess - summer berries with meringue, cream, raspberry coulis and fresh mint (e,m) (V) (GF) £7

Chocolate & Avocado Mousse - with raspberry compote and honeycomb (VG) (GF) £7

Deep Filled Cheesecake - served with fresh strawberries and strawberry coulis (g,m) (V) £6

Scoops of Ice-cream (g,e,m,n)(GF) (V) £2 each (Please ask our team for our current selection)

Nags Cheese Board a selection of three “award winning” Welsh cheeses served with quince, grapes, chutney and crackers (g,m,su) £9 - please ask our team for our current selection

Children’s Menu

Mains

Children’s Roast – smaller half sized portions as per adults options (so,g,e,m) £6

Breaded Chicken Fillet Goujons - (g,e,so) or baked (so) (GF) with chips and beans (so) £6

Pork Sausages - (g,so) or veggie sausages (c,g,e,m,so) with chips and beans £6

Mini Fish & Chips - battered fish with chips and crushed peas (g,f,so) £6

Mini Cheese Burger - steak beef burger with Welsh cheddar and chips (g,e,m,mu,so) £6

Tagliatelle Pasta - creamy tomato sauce, grated cheese and garlic bread (g,e,m) (V) £5

Desserts

Cookie Dough Sundae - cookie dough and ice cream served with chocolate and strawberry sauce (g,e,m) (V) £4

Milk Chocolate Pudding - sticky hot chocolate pudding served with white chocolate ice-cream (g,e,m) (V) £4

Fresh Fruit - selection of fresh berries and fruit (VG,GF) £3

Scoops of Ice-cream - (g,e,m,n,so) £2 each - please ask our team for our current selection

Some of our dishes can be substituted for gluten free or vegan options upon request

(V = vegetarian, VG = vegan, GF = gluten free)

Please speak to a member of staff if you have a food allergy or intolerance

(c = celery, ce = cereals, cr = crustaceans, e = eggs, f = fish, g = gluten, l = lupin, m = milk, mo = molluscs, mu = mustard, n = nuts, p = peanuts, s = sesame seeds, so = soya, su = sulphur dioxide)