

# *the Nag's Head Summer Menu*

## Starters

- Mezze** - pitta bread, falafels, hummus and pickles with dipping olive oil (so,g,s,su) (VG) £6
- Cod, Lime, Coriander & Paprika Fishcake** - with dressed leaves and tomato salsa (g,e,f,so) £7
- Crispy Salt & Peppered Calamari** - with chipotle mayonnaise (g,e,mo,so) £7
- Duck Liver, Brandy & Thyme Parfait** - with sea salt crostini and apple chutney (g,e,m,so,su) £6
- Pork & Black Pudding BonBon** - with confit mushrooms, bacon ketchup and pea shoots (g,e,m,so,su) £7
- Pea, Asparagus & Wild Mushroom Arancini** - with pea puree and black garlic (g,so) (VG) £6

## Mains

- Beer Battered Fish & Chips** - with chips, crushed peas and tartar sauce (g,e,f,so,su) £14
- Braised Lamb Shoulder** - with red cabbage, glazed carrots, creamy mashed potatoes, garlic and redcurrant jus (m,so,su) (GF) £16
- Pan Fried Salmon Fillet** - served on a bed of pearl barley and vegetable risotto with salsa verde (c,f,so,su) (GF) £15
- Sea Bass Paupiette** - sea bass fillet stuffed with lemon, ginger, red chilli and coriander, wrapped in paper, served with new potatoes and salad (f,so,su) (GF) £16
- Meat Pie Of The Day** (please ask!) - with chips and seasonal greens (c,g,e,m,mu,so,su) £12
- Roasted Root Vegetable Pie with Goats Cheese & Thyme** - with chips and seasonal greens (V) (c,g,e,m,so) £12
- Traditional Beef Lasagne** - served with chips or garlic bread and salad (c,g,m,mu,so,su) £13
- Chicken Tagliatelle** - with smoked bacon and wild mushrooms in a creamy garlic sauce (g,e,m,so,su) £13
- 8oz Sirloin or Ribeye Steak** - served with a beef tomato, field mushroom, watercress and chips (so) (GF) £20 (Add Peppercorn or Perl Las sauce for £2) (m,su,so)
- Pan Roasted Chicken Breast** - stuffed with wild garlic, served with fondant potato, tender stem broccoli and finished with a confit tomato sauce (e,m,so) (GF) £15
- 8oz Gourmet Beef Steak Burger** - with smoked bacon, Welsh cheddar, tomato salsa, and salad leaves in a toasted bun served with sweet potato fries or chips (g,e,mu,so,su) £14
- Stuffed Aubergine** - with roasted vegetables, tamarind and bean puree, served with a roast shallot sauce (so,su) (VG, GF) £14
- Beetroot & Red Pepper Bean Burger** - with tomato salsa, vegan cheese and salad leaves in a toasted bun served with sweet potato fries or chips (g,so,su) (VG) £14
- Confit Duck Leg** - served on a bed of rich chorizo, butterbean and shiraz cassoulet (c,so,su) (GF) £16

### Side Dishes £3

**Garlic Bread (g,m) or Cheesy Garlic Bread (g,m)**  
**Chips (so) (GF) or Melted Cheesy Chips (so,m) (GF)**  
**Sweet Potato Fries (so) (GF)**  
**Onion Rings (g,so,su)**  
**Side Salad (so,su) (GF)**  
**Buttered New Potatoes (m) (GF)**  
**Buttered Seasonal Vegetables (m) (GF)**

### Desserts

**Eton Mess** - summer berries with meringue, cream, raspberry coulis and fresh mint (e,m) (V,GF) £7  
**Chocolate & Avocado Mousse** - with raspberry compote and honeycomb (VG,GF) £7  
**Milk Chocolate Pudding** - sticky hot chocolate pudding s/w honeycomb, chocolate shards and white chocolate ice cream (g,e,m) (V) £7  
**Deep Filled Cheesecake** - served with fresh strawberries and strawberry coulis (g,m) (V) £6  
**Cookie Dough Sundae** - cookie dough and ice cream served with chocolate and strawberry sauce (g,e,m) (V) £6  
**Nags Cheese Board** - selection of three “award winning” Welsh cheeses served with quince, grapes, chutney and crackers (g,m,su) £9 - please ask our team for our current selection

## *Children's Menu*

### Mains

**Breaded Chicken Fillet Goujons** - (g,e,so) or baked (so) (GF) with chips and beans (so) £6  
**Pork Sausages** - (g,so) or veggie sausages (c,g,e,m,so) with chips and beans £6  
**Mini Fish & Chips** - battered fish with chips and crushed peas (g,f,so) £6  
**Mini Cheese Burger** - steak beef burger with Welsh cheddar and chips (g,e,m,mu,so) £6  
**Tagliatelle Pasta** - creamy tomato sauce, grated cheese and garlic bread (g,e,m) (V) £5

### Desserts

**Cookie Dough Sundae** – children's sized cookie dough and ice cream served with chocolate and strawberry sauce (g,e,m) (V) £4  
**Milk Chocolate Pudding** - sticky hot chocolate pudding served with white chocolate ice-cream (g,e,m)(V) £4  
**Fresh Fruit** - selection of fresh berries and fruit (VG,GF) £3  
**Scoops of Ice-cream** - (g,e,m,n,so) £2 each - please ask our team for our current selection

**Some of our dishes can be substituted for gluten free or vegan options upon request**

**(V = vegetarian, VG = vegan, GF = gluten free)**

**Please speak to a member of staff if you have a food allergy or intolerance**

**(c = celery, ce = cereals, cr = crustaceans, e = eggs, f = fish, g = gluten, l = lupin, m = milk, mo = molluscs, mu = mustard, n = nuts, p = peanuts, s = sesame seeds, so = soya, su = sulphur dioxide)**