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# the Nag's Head



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At the Nag's Head, we are passionate about food and particularly about the excellent quality produce that is available locally. All of our food is freshly prepared and cooked from scratch by our dedicated team of chefs and our specials board will change regularly depending on what's available seasonally.

Rydyn ni'n teimlo'n frwd iawn am fwyd, ac yn arbennig am gynnyrch o'r safon gorau sydd ar gael yn lleol. Bydd ein bwyd yn cael ei baratoi a'i goginio'n ffres gan ein tîm o gogyddion a bydd ein bwydlen ar y bwrdd du yn newid yn rheolaidd yn ôl y cynnyrch tymhorol sydd ar gael.

*eat • drink • sleep*

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## To start

### **Pork bonbons £5.50**

Shredded pork belly in crispy breadcrumbs served with creamy chorizo sauce, roast apples, chilly oil and crispy sage

### **Soup of the day £4.50**

(Please ask a member of staff)  
Served with warm bread & butter

### **Chicken liver parfait £5.50**

Smooth chicken liver parfait served with a sweet port onion chutney, salad and warm toast

### **Smoked mackerel mousse £6.50**

Creamy smoked mackerel mousse served with a spicy tomato chutney, toasted bread and baby leaves

### **Fishcakes £6.95**

A mix of Coley and buttery potato seasoned with lemon juice and salt & pepper. Served with a lemon butter sauce

### **The Nag's hummus £4.95 V**

A mix of chickpeas with special herbs and spices. Served with warmed pitta bread, carrot, cucumber, celery and radish

## For main

### **Welsh pork belly £14.50**

Tender pork belly slowly cooked, apple ketchup, black pudding mash, cabbage and madeira sauce

### **Roast chicken breast £14.95**

Pan roasted chicken breast served with parmesan gnocchi, wild mushrooms, bacon and creamed greens

### **Lamb rump £15.95**

Welsh lamb served pink with layered garlic potatoes, charred leek, yogurt, green herb sauce and red wine jus

### **Confit Duck Leg £14.50**

Slow and low cooked duck leg, savoy cabbage, plum sauce and potato hash topped with a fried duck egg

### **The Nag's fish & chips £12.95**

Soft, flaky hake fillet with its delicious skin on, crispy light batter, mushy peas, tartare sauce

**Please see our specials board  
for more fish**

## Fresh Fish

**Please see our specials board for more fish**

Most of our fish is delivered daily by Swansea Fish and our specials board will display our fresh fish which will be seasonal and will depend on what is available at the fish market

# Vegetarian

# Pub Classics

All our vegetarian dishes are available gluten free on request.

## **Wild mushroom & butternut squash risotto £13.50 V**

Thyme scented risotto rice with roast apple, butternut squash and wild mushrooms topped with freshly chopped chives and walnut crumb

**Add diced chorizo and bacon £1.50**

## **Aubergine & apricot tagine £13.50 V**

Roasted chickpeas, courgette, aubergine and apricot in a tomato sauce stewed with giant couscous and finished with freshly picked coriander and cucumber yogurt

**Add diced chicken breast £2.50**

## **Pea & Asparagus tagliatelle £13.50 V**

Locally made spinach tagliatelle served with grilled asparagus spears, wilted spinach and peas in a creamy parmesan and asparagus sauce

**Add flakes of smoked salmon £1.50**

### **Sides £3.25**

**Hand cut chips**  
**Seasonal vegetables**  
**Skinny fries**  
**Side salad**

### **Food allergies & intolerances**

Please speak to a member of staff if you have a food allergy or intolerance

**V = Vegan**

## **Sausage & mash £9.95**

Pork and leek sausages locally made by our butcher, Ken Davies. Served with creamy mashed potatoes, onion gravy and seasonal vegetables

## **Gammon £9.95**

Gammon steak, topped with fried egg or grilled pineapple and served with peas and chips

## **The Nag's beef burger £11.95**

Handmade with Welsh beef mince, topped with Welsh cheddar, lettuce, tomato and homemade sweet onion marmalade in a toasted brioche bun.

Served with skinny fries

**Add a rasher of bacon and homemade bacon jam £1.50**

## **10oz Welsh rump steak £16.95**

## **8 oz Welsh sirloin steak £19.95**

A succulent steak cooked to your liking served with hand cut chips, grilled tomato, mushroom and fried onions

## **Peppercorn sauce £2.50**

## **Perl las sauce £2.50**

### **Alergedd ac anoddefiad bwyd**

Cyn i chi archebu eich bwyd cofiwch siarad gyda'n staff os oes gennych unrhyw alergedd neu anoddefiad bwyd

## **Lemon and raspberry £5.95**

Lemon curd, shortbread crumb, toasted meringue and raspberry sorbet

## **Pear, honeycomb & cinnamon crumble £5.95**

Pears cooked in buttery cinnamon topped and baked with our oat and honeycomb crumble served with custard

## **Sticky toffee pudding £5.95**

Hot, moist date and raisin sponge with a secret ingredient, covered in rich sticky toffee sauce and served with rum & raisin ice cream

## **Chocolate & avocado mousse £5.95 V**

A smooth dark chocolate mousse with spiced rum, coconut milk and avocado served with a coconut shortbread crumb and blackcurrant sorbet

## **Hot chocolate pudding £5.95**

Sticky chocolate pudding served with chocolate shavings, honeycomb and mint chocolate chip ice cream

## **Cheese board £9.50**

Three Welsh cheeses served with crackers, bread and Nag's chutney

## **Ice cream/sorbet £1.25 per scoop**

We have a selection of ice creams and sorbets. Please ask our staff

## **Sausage & mash £5.50**

One local pork and leek sausage served with peas and mash

## **Chicken fillet bites £5.50**

Fresh chicken fillet deep fried in our special coating served with peas and fries

## **Burger & fries £5.50**

Mini beef burger in a seeded bun with lettuce, tomato and skinny fries

## **Pasta in tomato sauce £3.50**

Soft penne pasta cooked with a fresh tomato sauce

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## **Mini hot chocolate pudding £3.95**

Sticky chocolate pudding served with mint chocolate chip ice cream

## **Ice cream pots £2.50**

Marys Farmhouse chocolate or strawberry ice cream

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## **The Nag's Head**

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